



Please call (406) 443-7871 or email [info@namimt.org](mailto:info@namimt.org) with any necessary changes.

## TOOLE COUNTY MENTAL ILLNESS RESOURCE GUIDE

### PSYCHIATRIC HELP

**If you are not able to access a psychiatric specialist, consider asking your primary doctor to utilize the Texas Medical Algorithm Project (TMAP) as a tool to determine effective medications and doses. Contact NAMI for more information on this program.**

Center for Mental Health.....	434-5285
Veteran’s Administration (Psychiatric and Medications).....	800-827-1000

### MENTAL HEALTH INFORMATION

Center for Mental Health.....	434-5285
The National Alliance on Mental Illness of Montana (NAMI Montana).....	406-443-7871
National Suicide Prevention crisis line.....	800-273-8255
Drug Abuse Hotline (24 hr).....	800-311-3069
State Mental Health Services Bureau (info only).....	888-866-0328
Medicaid Help Line.....	800-362-8312
Medicare Part B (Medical, not Hospital) information.....	800-332-6146
State Mental Health Ombudsman-(help navigating system).....	888-444-9669
Veterans Family Assistance Centers.....	877-706-7598
Montana Warm Line.....	877-688-3377
Montana Health Services Plan .....	406-444-9330
Addictive Mental Disorder Division (State Agency for Adult Mental Illness).....	406-444-3964
Mental Health America of Montana.....	877-927-6642
Alcoholics Anonymous (statewide).....	888-607-2000

**MEDICAL ASSISTANCE**

County Health Department.....	424-5160
Medicaid.....	424-8380
Healthy Montana Kids Health Coverage.....	877-543-7669 or 424-8380

**LEGAL ASSISTANCE**

County Sheriff.....	434-5585
Police Department – non-emergency requiring assistance.....	434-5585
Public Defender’s Office.....	770-3200
Montana Legal Services.....	800-666-6899
County Attorney.....	434-5417
Disability Rights Montana.....	800-245-4743
Help Network- Crisis Referral.....	800-332-8425
Child and Family Services.....	727-7746
Child and Elder Abuse Help Line.....	800-332-6100
Protective Service for Adults.....	278-9117
Montana Mental Disabilities Board of Visitors (for complaints about facilities).....	406-444-3955

**FINANCIAL ASSISTANCE**

Office of Public Assistance (DPHHS).....	424-8380
Social Security Administration.....	800-772-1213
Disability Determination Services.....	800-545-3054
Community Food Bank.....	406-452-9029
Food Stamps (SNAP).....	424-8380
Temporary Assistance for Needy Families (TANF).....	424-8380

**HOUSING ASSISTANCE**

Housing and Rental Assistance.....271-7553

Energy Assistance.....271-7553

Section 8 Housing Authority.....761-0310

Montana Fair Housing.....800-929-2611

Montana Home Choice.....406-444-3120 ext 11