



Please call (406) 443-7871 if any of these number is wrong or if a number should be added.

SHERIDAN COUNTY MENTAL ILLNESS RESOURCE GUIDE

PSYCHIATRIC HELP

If you are not able to access a psychiatric specialist, consider asking your primary doctor to utilize the Texas Medical Algorithm Project (TMAP) as a tool to determine effective medications and doses. Contact NAMI for more information on this program.

- Eastern Montana Community Mental Health Center.....487-2296
- Veteran’s Administration (Psychiatric and Medications).....800-827-1000

MENTAL HEALTH INFORMATION

- Eastern Montana Community Mental Health Center.....487-2296
- The National Alliance on Mental Illness.....406-443-7871
- National Suicide Prevention crisis line.....800-273-8255
- Drug Abuse Hotline (24 hr).....800-311-3069
- State Mental Health Services Bureau (info only).....888-866-0328
- Medicaid Help Line.....800-362-8312
- Medicare Part B (Medical, not Hospital) information.....800-332-6146
- State Mental Health Ombudsman-(help navigating system).....888-444-9669
- Veterans Family Assistance Centers.....877-706-7598
- Montana Warm Line.....877-688-3377

Montana Health Services Plan	406-444-9330
Addictive Mental Disorder Division (State Agency for Adult Mental Illness).....	406-444-3964
Mental Health America of Montana.....	877-927-6642
Alcoholics Anonymous (statewide).....	888-607-2000

MEDICAL ASSISTANCE

County Health Department.....	765-1370
Medicaid.....	765-1370
Healthy Montana Kids Health Coverage.....	877-543-7669 or 765-1370

LEGAL ASSISTANCE

County Sheriff.....	765-3449 or 765-1200
Police Department (non-emergency).....	765-3449 or 765-1200
Public Defender’s Office.....	377-3113
Montana Legal Services.....	800-666-6899
County Attorney.....	765-1212
Disability Rights Montana.....	800-245-4743
Help Network- Crisis Referral.....	800-332-8425
Child and Family Services.....	234-1385
Child and Elder Abuse Help Line.....	800-332-6100
Protective Service for Adults	
Keaton Penaz.....	228-2108
Bridget Smith.....	653-1078
Montana Mental Disabilities Board of Visitors (for complaints about facilities).....	406-444-3955

FINANCIAL ASSISTANCE

Office of Public Assistance (DPHHS).....765-1370
Social Security Administration.....800-772-1213
Disability Determination Services.....800-545-3054
Community Food Bank.....487-5047
Food Stamps (SNAP).....765-1370
Temporary Assistance For Needy Families (TANF).....765-1370

HOUSING ASSISTANCE

Housing and Rental assistance.....377-3564
Energy Assistance.....377-3564
Section 8 Housing Authority.....377-3564
Montana Fair Housing.....800-929-2611
Montana Home Choice.....406-444-3120 ext 11