



Please call (406) 443-7871 or email [info@namimt.org](mailto:info@namimt.org) with any necessary changes.

## SANDERS COUNTY MENTAL ILLNESS RESOURCE GUIDE

### PSYCHIATRIC HELP

**If you are not able to access a psychiatric specialist, consider asking your primary doctor to utilize the Texas Medical Algorithm Project (TMAP) as a tool to determine effective medications and doses. Contact NAMI for more information on this program.**

Western Montana Mental Health Center.....	532-9190
Flathead Valley Chemical Dependency Clinic.....	827-4241
Family Counseling Center.....	827-9330
Indian Health Services.....	745-3525
Veteran’s Administration (Psychiatric and Medications).....	800-827-1000

### MENTAL HEALTH INFORMATION

Western Montana Mental Health Center.....	532-9190
The National Alliance on Mental Illness for Montana.....	406-443-7871
National Suicide Prevention crisis line.....	800-273-8255
Drug Abuse Hotline (24 hr).....	800-311-3069
State Mental Health Services Bureau (info only).....	888-866-0328
Medicaid Help Line.....	800-362-8312
Medicare Part B (Medical, not Hospital) information.....	800-332-6146
State Mental Health Ombudsman-(help navigating system).....	888-444-9669
Veterans Family Assistance Centers.....	877-706-7598

Montana Warm Line.....	877-688-3377
Montana Health Services Plan .....	406-444-9330
Addictive Mental Disorder Division (State Agency for Adult Mental Illness).....	406-444-3964
Mental Health America of Montana.....	877-927-6642
Alcoholics Anonymous (statewide).....	888-607-2000

**MEDICAL ASSISTANCE**

Bull River Medical Clinic.....	847-2100 or 826-4800
Hot Springs Medical Clinic.....	741-3602
Main Street Medical.....	827-4302
Plains Medical Clinic.....	826-4800
Thompson Falls Clinic.....	827-4442
Indian Health Services.....	745-3525
Clark Fork Valley Hospital.....	826-4800
Bonner County Hospital.....	208-263-1441
Medicaid.....	827-4395
Healthy Montana Kids Health Coverage.....	877-543-7669 or 827-4395

**LEGAL ASSISTANCE**

County Sheriff.....	827-3584
Police Department( non-emergency)	
Hot Springs.....	741-2354
Plains.....	826-5990
Thompson Falls.....	827-3557

Public Defender’s Office.....	751-6080
Montana Legal Services.....	800-666-6899
County Attorney.....	827-6903
Disability Rights Montana.....	800-245-4743
Help Network- Crisis Referral.....	800-332-8425
Child and Family Services.....	827-3417
Child and Elder Abuse Help Line.....	800-332-6100
Protective Service for Adults.....	293-3757
Montana Mental Disabilities Board of Visitors (for complaints about facilities).....	406-444-3955

**FINANCIAL ASSISTANCE**

Office of Public Assistance (DPHHS).....	827-4395
Social Security Administration.....	800-772-1213
Disability Determination Services.....	800-545-3054
Vocational Rehabilitation (job assistance)	
Kalispell.....	877-296-1760
Missoula.....	888-279-7528
Community Food Bank	
Plains Community Food Bank.....	826-5714
Plains Assembly of God Church Food Bank.....	826-3800
Thompson Falls Community Harvest Food Bank.....	827-9897
Gospel Mountain Assembly of God Food Bank.....	827-4611
Hot Springs Food Pantry.....	741-2182
Open Gate Ranch.....	827-4805
Trout Creek Food Bank.....	827-4461

Food Stamps (SNAP).....827-4395  
Women, Infants & Children.....827-6931  
Temporary Assistance for Needy Families (TANF).....827-4395  
Applications for Disability Assistance  
    Summit Independent Living Center.....676-0190

**HOUSING ASSISTANCE**

Housing and Rental assistance.....752-6565  
Energy Assistance.....752-6565  
Section 8 Housing Authority.....758-5477  
Montana Fair Housing.....800-929-2611  
Montana Home Choice.....406-444-3120 ext 11

**TRANSPORTATION**

Medicaid Transportation.....800-282-7114  
Sanders County Transportation.....741-2346 or 800-246-5899