



Please call (406) 443-7871 or email [info@namimt.org](mailto:info@namimt.org) with any necessary changes.

## RICHLAND COUNTY MENTAL ILLNESS RESOURCE GUIDE

### PSYCHIATRIC HELP

**If you are not able to access a psychiatric specialist, consider asking your primary doctor to utilize the Texas Medical Algorithm Project (TMAP) as a tool to determine effective medications and doses. Contact NAMI for more information on this program.**

Eastern Montana Community Mental Health Center.....	433-4635
Veteran’s Administration (Psychiatric and Medications).....	800-827-1000
Youth Dynamics Inc. (Glendive).....	377-4942

### MENTAL HEALTH INFORMATION

Eastern Montana Community Mental Health Center.....	433-4635
The National Alliance on Mental Illness.....	406-443-7871
National Suicide Prevention crisis line.....	800-273-8255
Drug Abuse Hotline (24 hr).....	800-311-3069
State Mental Health Services Bureau (info only).....	888-866-0328
Medicaid Help Line.....	800-362-8312
Medicare Part B (Medical, not Hospital) information.....	800-332-6146
State Mental Health Ombudsman-(help navigating system).....	888-444-9669
Veterans Family Assistance Centers.....	877-706-7598
Montana Warm Line.....	877-688-3377
Montana Health Services Plan .....	406-444-9330
Addictive Mental Disorder Division (State Agency for Adult Mental Illness).....	406-444-3964
Mental Health America of Montana.....	877-927-6642

Alcoholics Anonymous (statewide).....888-607-2000

**MEDICAL ASSISTANCE**

Sidney Health Center RHC.....742-5262

Mondak Family Clinic.....742-5261

Sidney Health Center.....488-2100

Medicaid.....433-2282

Healthy Montana Kids Health Coverage.....877-543-7669 or 433-2282

**LEGAL ASSISTANCE**

County Sheriff.....433-2919

Police Department – non-emergency requiring assistance

    Fairview.....742-5531

    Sidney.....433-2210

Public Defender’s Office.....377-3113

Montana Legal Services.....800-999-4941

County Attorney.....433-2505

Disability Rights Montana.....800-245-4743

Help Network- Crisis Referral.....800-332-8425

Child and Family Services.....234-1385

Child and Elder Abuse Help Line.....800-332-6100

Protective Service for Adults.....377-1192

Montana Mental Disabilities Board of Visitors (for complaints about facilities).....406-444-3955

**FINANCIAL ASSISTANCE**

Office of Public Assistance (DPHHS).....433-2282

Social Security Administration.....800-772-1213

Disability Determination Services.....800-545-3054

Vocational Rehabilitation (job assistance).....	406-232-0583
Community Food Bank	
Richland County Food Bank.....	443-8142
Fairview Food Bank.....	742-5523
Salvation Army.....	433-2210
Boys and Girls Club of Richland County.....	433-6763
Culbertson Food Bank.....	787-5295 or 787-5883
Yellowstone Community Church.....	776-2236
Food Stamps (SNAP).....	433-2282
Women, Infants & Children (food assistance).....	433-2207
Temporary Assistance For Needy Families (TANF).....	433-2282

**HOUSING ASSISTANCE**

Housing and Rental assistance.....	377-3564
Energy Assistance.....	377-3564
Richland County Housing Authority.....	433-1978
Section 8 Housing Authority.....	800-227-0703 or 377-3564
Matthew House (emergency housing).....	488-1292 or 433-3505
Salvation Army (emergency housing).....	433-2210
Montana Fair Housing.....	800-929-2611
Montana Home Choice.....	406-444-3120 ext 11

**TRANSPORTATION**

Richland County Transportation Service.....	406-433-7433
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