



Please call (406) 443-7871 or email info@namimt.org with any necessary changes.

LEWIS AND CLARK COUNTY MENTAL ILLNESS RESOURCE GUIDE

PSYCHIATRIC HELP

If you are not able to access a psychiatric specialist, consider asking your primary doctor to utilize the Texas Medical Algorithm Project (TMAP) as a tool to determine effective medications and doses. Contact NAMI for more information on this program.

Psychiatric Crisis Line.....	442-2032
Montana-211 (information for nearby services).....	211
24 hour Suicide Prevention and Crisis Line.....	800-273-8255
St. Peter’s Hospital Behavioral Unit.....	495-6561
Care House- Inpatient Treatment-Helena.....	442-2925
Shodair Children’s Hospital	444-7500 or 800-447-6614
Psychiatry	
Robert Caldwell.....	495-1515
Kathleen Dolezal.....	442-3323
Shawnee Farnham.....	442-1474
Dana Hillyer.....	495-1515
Connie O’Connor.....	443-2249
Shaefer Psychiatric Services.....	442-2032
AWARE, INC.	449-3120
Center for Mental Health.....	443-7151
Intermountain Children’s Home: Child Psychiatry.....	443-2977

Veteran’s Administration (Psychiatric and Medications).....800-827-1000

MENTAL HEALTH INFORMATION

Center For Mental Health.....443-7151

Montana-211 (information for nearby services).....211

Montana Warm Line.....877-688-3377

The National Alliance on Mental Illness of Montana (NAMI Montana).....443-7871

State Mental Health Ombudsman-(help navigating system).....888-444-9669

National Suicide Prevention Crisis Line.....800-273-8255

Compeer Helena (Volunteer Support Services).....457-7319

Mental Health Services (info only).....888-866-0328

Medicaid Help Line.....800-362-8312

Medicare Part B (Medical, not Hospital) information.....800-332-6146

National Guard Family Assistance Center.....877-706-7598

Vet-to-Vet PTSD Support.....447-7596

AWARE Inc.....800-432-6145

Compeer (peer program).....457-7319

Montana House (recovery program).....442-0340

Boyd Andrew Chemical Dependency Services.....443-2343

Montana Youth Homes (children counseling)449-3038 or 443-2145

Drop-In Center.....442-1374

Montana Health Services Plan406-444-9330

Addictive Mental Disorder Division (State Agency for Adult Mental Illness).....406-444-3964

Mental Health America of Montana.....877-927-6642

Alcoholics Anonymous (statewide).....888-607-2000

MEDICAL ASSISTANCE

Cooperative Health Center.....	443-2584
Leo Pocha Health Clinic.....	449-5796
Healthcare for the Homeless (God’s Love Shelter).....	449-5682
Donated Dental Services- coordinated through Helena office.....	449-9670
Dental Clinic.....	443-2584
St. Peter’s Community Hospital.....	442-2480
Fort Harrison VA Medical Center.....	877-468-8387
Health Department.....	443-2584
Parker Medical Clinic.....	362-4603
Shriner’s for Children (information and services).....	442-5305
Medicaid.....	444-1700
Healthy Montana Kids Health Coverage.....	877-543-7669 or 444-1700

LEGAL ASSISTANCE

Lewis and Clark County Sheriff.....	workdays-447-8235
	nights and weekends-442-7883
Helena Police Department (non-emergency).....	442-3233
Public Defender’s Office.....	447-8213
Montana Legal Services Association.....	800-666-6899
Lewis and Clark County Attorney.....	447-8221
Disability Rights Montana.....	800-245-4743
Help Network- Crisis Referral.....	800-332-8425
Child and Family Services.....	444-2030

Child and Elder Abuse Help Line.....800-332-6100

Violence Free Crisis Line and Abbie Shelter (24 hr).....752-7273

Protective Service for Adults

 Cindy Paradis.....444-1348

 Larriann Murphy.....444-1312

Montana Mental Disabilities Board of Visitors (for complaints about facilities).....406-444-3955

People’s Law Center (social security disability issues).....800-406-5567

FINANCIAL ASSISTANCE

Office of Public Assistance (DPHHS).....444-1700

Social Security Administration (10 West 15th St. / 9am-4pm).....800-772-1213

Applications for Disability Assistance

 Summit Independent Living Center.....257-0048

Neighbors in Need (Help Net).....752-8181

Food Bank

 Food Share of Helena.....443-3663

 Augusta Food Bank.....562-3623

 Lincoln United Methodist Church Food Bank.....362-4565

Salvation Army Church257-4357

Food Stamps (SNAP).....444-1700

WIC Program (Women Infants Children).....443-2584 or 457-8912

Temporary Assistance for Needy Families (TANF).....444-1700

HOUSING ASSISTANCE

Housing and Rental assistance.....447-1625

Energy Assistance.....447-1625

God’s Love Shelter (533 N. Main).....442-7000

Helena Area Housing Task Force.....442-2265

Neighbors in Need.....752-8181

The Salvation Army (Emergency Services).....442-8244

Housing and Urban Development (referrals for low-income housing).....449-5050

Friendship Center (victims of domestic violence).....800-248-3166 or 442-6800

Section 8 Housing Authority.....442-7981

Helena Housing Authority.....442-7970

Montana Fair Housing.....800-929-2611

Florence Crittenton (residential therapeutic home for young mothers).....442-6950

Montana Home Choice.....444-3120 ext 11

TRANSPORTATION

Helena Area Transit Services (curb to curb service).....447-1580

Capitol Taxi Courier Service.....443-3256

Old Trapper Taxi.....449-5525

RMDC Senior Transportation.....447-1680

Montana Home Choice.....406-443-7871