



Please call (406) 443-7871 or email [info@namimt.org](mailto:info@namimt.org) with any necessary changes.

**CARTER COUNTY MENTAL ILLNESS RESOURCE GUIDE**

**PSYCHIATRIC HELP**

**If you are not able to access a psychiatric specialist, consider asking your primary doctor to utilize the Texas Medical Algorithm Project (TMAP) as a tool to determine effective medications and doses. Contact NAMI for more information on this program.**

Montana-211 (information for nearby services).....211

Eastern Montana Community Mental Health Center.....234-1687

Veteran’s Administration (Psychiatric and Medications).....800-827-1000

**MENTAL HEALTH INFORMATION**

Eastern Montana Community Mental Health Center.....234-1687

Montana-211 (information for nearby services).....211

The National Alliance on Mental Illness

    Montana office.....443-7871

    Billings office.....256-2001

National Suicide Prevention crisis line.....800-273-8255

State Mental Health Ombudsman-(help navigating system).....888-444-9669

Montana Warm Line.....877-688-3377

Drug Abuse Hotline (24 hr).....877-297-6346

State Mental Health Services Bureau (info only).....888-866-0328

Medicaid Help Line.....800-362-8312

Medicare Part B (Medical, not Hospital) information.....	800-633-4227
Veterans Family Assistance Centers.....	877-706-7598
Montana Health Services Plan .....	406-444-9330
Addictive Mental Disorder Division (State Agency for Adult Mental Illness).....	406-444-3964
Mental Health America of Montana.....	877-927-6642
Alcoholics Anonymous (statewide).....	888-607-2000

**MEDICAL ASSISTANCE**

Dahl Memorial Clinic.....	775-8738
SHIP (prescription assistance for elderly).....	234-8028
Medicaid.....	778-7120
Healthy Montana Kids Health Coverage.....	877-543-7669 or 778-7120

**LEGAL ASSISTANCE**

County Sheriff.....	775-8743
Police Department – non-emergency requiring assistance.....	775-8731
Public Defender’s Office.....	234-1702
Montana Legal Services.....	800-666-6899
County Attorney.....	778-3006
Disability Rights Montana.....	800-245-4743
Help Network- Crisis Referral.....	800-332-8425
Child and Family Services.....	234-1385
Child and Elder Abuse Help Line.....	800-332-6100
Protective Service for Adults.....	377-1192
Montana Mental Disabilities Board of Visitors (for complaints about facilities).....	406-444-3955

**FINANCIAL ASSISTANCE**

Office of Public Assistance (DPHHS).....778-7120  
Social Security Administration.....800-772-1213  
Disability Determination Services.....800-545-3054  
Community Food Pantry.....775-8751  
Food Stamps (SNAP).....778-7120  
Temporary Assistance For Needy Families (TANF).....778-7120

**HOUSING ASSISTANCE**

Housing and Rental assistance.....377-3564  
Energy Assistance.....377-3564  
Section 8 Housing Authority.....377-3564  
Montana Fair Housing.....800-929-2611  
Montana Home Choice.....406-449-3120