

PART TWO – VIDEO TAPES

**ANXIETY DISORDERS, PANICS,
OBSESSIVE/COMPULSIVE &
PERSONALITY DISORDERS,
OTHERS**

U-43 A Beginning of Hope for Patients With Bipolar Mania, Eli Lilly, 2000

Join host Peter Bogdanovich as he discusses bipolar disorder & Zyprexa, a medication to treat the acute mania associated with this condition. Meet people with the disorder who, through their stories and triumphs, will show you ways of managing the symptoms and getting your life back into balance.

25 mins.

U-14 Dark Glasses & Kaleidoscopes – Living With Manic Depression, National Depressive and Manic-Depressive Association, 1999

Hosted by Tony Dow. This video explores the symptoms and treatment of manic depression through honest, emotional testimony of people and families who live with these illnesses.

33 mins.

U-13 Eight Leading Experts Answer the Five Most Common Questions About Chronic Depression, National Depressive and Manic-Depressive Association, 1998

33 mins.

U-22 Overcoming Obsession & Compulsions, 1996

Comes with Educ. Guide, slides & two 3 ½” diskettes.

16 mins.

U-26 Learning to Live With Bipolar Disorder, NAMI, 1999

NAMI is proud to present ‘Learning to Live With Bipolar Disorder’, a window into the lives of five people who happen to have bipolar disorder. Through their frank and open discussion of their illnesses, we hope you will gain understanding and encouragement as you venture forth on your own course to recovery.

15 mins.

U-39 Sharing The Hope, Solvay Pharmaceuticals, 1997

This unique program provides information to parents of children & adolescents with Obsessive Compulsive Disorder. It gives an overview of what OCD is & how symptoms can be managed.

18 mins.

I-3 The Faces of Anxiety, American Psychiatric Association, 1990

28 ½ mins.

T-19 The Touching Tree, Obsessive-Compulsive Foundation

Obsessive-Compulsive disorder is observed in the case study of a young boy at home, in school, including the involvement of his teachers, parent and his eventual recovery.

37 mins.

U-47 Panic Disorders: Stories of Hope, NIMH, 1994

Hosted by television personality, Willard Scott, who suffers from panic disorder, this discussion features 3 people who have successfully fought this illness -- & have found the treatment they needed to overcome their panic attacks & live their lives without fear.

19 mins.



CHILDREN & ADOLESCENTS

T-39 Treating Borderline Personality Disorder, 1995

Marsha M. Linehan provides hands-on training in her treatment approach. Both videos (See T-38) end with discussion between Dr. Linehan and Allen J. Frances, Chairman of the DSM-IV Task Force.
43 mins.

T-38 Understanding Borderline Personality Disorder, 1995

Marsha M. Linehan provides a clinical understanding of B.P.D., following through with her clinically proven treatment (See T-39) Dialectical behavior therapy (DPT).
37 mins.

U-19 Understanding Obsessive Compulsive Disorder, Smith, Kline, Beecham Pharmaceuticals, 1996

11 ¼ mins.

U-21 Understanding Depression, Smith, Kline, Beecham Pharmaceuticals, 1996

15:35 mins.

U-20 Understanding Panic Disorder, Smith, Kline, Beecham Pharmaceuticals, 1996

13:34 mins.

C-11 After The Tears: Teens Talk About Mental Illness in Their Families, 1987

A powerful videotape in which teenagers who have mentally ill relatives talk honestly and directly about how this problem affects their lives.

20 mins.

C-13 Childhood Mental Illnesses: Truths, Needs and Family Effects, Ami of Alabama, 1992

AMI of Alabama has revised and shortened their video presentation from 40 minutes to 27 minutes having more family input with better timing for meeting problems.

27 mins.

T-3 Claire's Story, Mental Health Association of Summit City, Ohio, 1994

Diagnosed at 11, Claire, now 13, addresses the facts, fears and fiction of depression. Interspersed with lively graphics and music, the video teaches adults and children to recognize symptoms, understand treatment and work together to overcome this serious disorder.

48 mins.

G-10 Golden Triangle Mental Health Center, 1991

12 ½ mins.

F-11 The Girl With the Crazy Brother, CBS After School Special

Good for teenage discussion.

1 hr.

C-14 Kid TV, Augusta, ME, DMHMR:
Division Public Education, 1992

Two video tapes designed for middle school students. Uses comedy, rap music and young journalists in an upbeat program to demystify the subject of mental illness. In the second tape, the young people interview the cast members who have mental illness.

Tape 1 – 17 mins.
Tape 2 – 23 ½ mins.

B-9 My Dad can't Be Crazy (Can He?),
ABC After School Special

High school boy deals with his father's schizophrenia.

1 hr.

T-35 Straight Talk About Mental Illness,
Produced by NAMI and the D/ART
Program of NIMH, 1994

The video with accompanying support materials is aimed at helping teachers and high school students understand mental illness – recognize it and deal with it.

18 mins.

C-15 Teenage Suicide, Health Library,
Stanford University, 1991

Factors that contribute to the teen years as a high risk time of life for suicide and what to look for in behavioral changes. How to talk to a teenager who has attempted suicide.

30 mins.



U-44 A Family Matter: Children With
Depressed Parents, American Medical
Communications, 1997

13 mins.

G-3 Breaking The Blues, NIMH
Examples of people suffering from depression. Cognitive therapy is recommended to work through depression and sometimes anger involved in the disorder. Includes helpful suggestions on how to break the break through a negative cycle.

55 mins.

U-7 Breaking The Dark Horse: A Family
Copes With Manic Depression, 1994

Mindy's case history, her childhood to recent years. Family members participate with Mindy.

32 mins.

T-2 Call Me Anna – TV Movie
Patty Duke's life struggle with
Manic Depression.

2 hrs.

U-3 Depression: Larry King Live, 1995
Panelist sufferers, Mike Wallace, Art
Buchwald & Naomi Judd discuss their
illnesses.

1 hr.

L-1 Depression: The Storm Within, 1991
The American Psychiatric
Association has produced this video on
depressive illness. The frequency, causes,
symptoms and treatment are depicted.

29 mins.

U-35 Day For Night: Recognizing
Teenage Depression, Depression & Related
Affective Disorders Association, 1999

This video takes a deep look into teenage depression, its symptoms and its treatment.

26 mins.

U-11 Jim Lehrer News Hour, PBS, July
1999

Segment about schizophrenia.

17 mins.

T-10 Larry, Will Harding, Arvada, CO, 1992

The camera follows Larry Harding, PhD as he talks about his past life, his education, raising a family and his job while in the Civil Service. Then manic depression changes his life and Larry communicates his understanding of it. Particularly good for psychiatric professionals in training to observe Larry's behavior and verbal organization. In black & white.

27 mins.

U-45 My Sister's Keeper, Hallmark Movie, 2002

This movie is unedited.

2 hrs.

D-2 Phil Donahue: Interview with Dr. David Burns

Panel discussion about Cognitive Therapy with Dr. Burns, author of Feeling Good, and two panelists with manic depressive disorder. Poor video picture, but good sound.

45 mins.

U-40 Schizophrenia and Depression, NARSAD

20 mins.

U-16 Schizophrenia: Gaining More Control Over Your Life, Eli Lilly, 1998

Comes with program guide and manuals.

L-3 Wellness Workshops 1 – Depression, 1991

Mary Ellen Copeland narrates. Intensive help for people who have had depression, their loved ones and health care professionals. Workshop 1 includes effects, symptoms, finding help and heritage.

30 mins

L-4 Wellness Workshops 2 – Depression, 1991

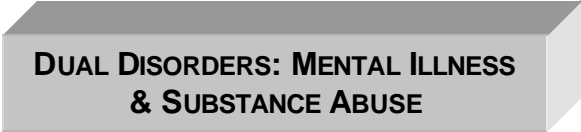
Copeland brings out her experiences and that of health advisors about light, sleep, diet, exercise, work, support systems, thought patterns and life-style. A workbook, Learning to Cope with Depression and Manic Depression may accompany the video if requested.

30 mins.

U-48 Understanding & Communicating w/ a Person with Delusions, NurSeminars, Inc., Spokane, WA, 1995

In this program, the 4th in the NurSeminars Series, Mary D. Moller, MSN, ARNP, CS takes an honest look at managing delusions as a symptom of brain disease, not as a behavior. In easy to understand language, she explains the keys to understanding & communicating with individuals who have delusions. She will share intervention steps that lead to empowerment for the person who lives with delusions. The program also includes poignant testimony from individuals & family members who are struggling to manage daily lives with the specter of delusions.

1 hr.



**DUAL DISORDERS: MENTAL ILLNESS
& SUBSTANCE ABUSE**

J-1 Athletes & Addiction – TV Special

Narrated by Jim McKay. Provides week by week information on an addictions treatment program. Discusses signs and symptoms and progression of addictions. Good for general audiences as well as professional athletes.

54 mins.

U-33 Dual Diagnosis: An Integrated Model for the Treatment of People with Co-occurring Psychiatric & Substance Disorders, Mental Illness Education Project Videos, 2000

Dr. Kenneth Minkoff, a dynamic speaker and a nationally recognized expert in dual diagnosis, talks about the choices and challenges facing people with co-occurring psychiatric and substance disorders. With insight, empathy, passion and humor, Dr. Minkoff describes practical steps for clients and the professionals who work with them.

2 hrs.

T-23 Out of The Tunnel: Into the Light, Hazelden, 1992

Stories of recovery from dual disorders, Mental Illnesses & substance abuse, with emphasis on how medications help prevent symptoms of relapse. Consumers and professionals comment.

26 mins.

J-2 Vital Signs

Ed Asner, Gary Cole. Father and son physicians. One commits suicide, the other finally admits addiction and seeks help.

2 hrs.



U-37 A Different Journey: Parents Speak for Mentally Ill Children, Parents for Behaviorally Different Children, 1996

16 mins.

T-27 AIDS & You: We're All In This Together, American Psychiatric Association and NAMI, 1994

The use of drugs and alcohol and the high degree of homelessness makes persons with mental illness at wider risk for HIV infection.

35 mins.

G-15 Beautiful Dreamers, Canadian Film Board, 1990

Walt Whitman's visit to the London, Ontario Asylum in 1880. The story demonstrates the 19th century view of treatment for the mentally ill, the sensitivity of two men who minister to the emotional needs of the mentally ill. (Rip Torn is Whitman.)

2 hrs.

D-9 Community Support, Boston University Center for Rehabilitation Research and Training in Mental Health

Good for legislators, programs and fundraising.

11 mins.

U-10 David & Lisa, Oprah Winfrey Special, 1998

Teenagers with Mental Illness begin to trust in a hospital setting.

1 hr. 40 mins.

T-5 Distant Cousins, CBS

Example of Stigmatizing Mentally Ill as Violent & Psychopathic.

2 hrs.

C-6 Dr. Charley Rapp, 1988

Part 1 – Management tasks in developing a Case Management system that works.

1 hr. 43 mins.

C-7 Dr. Charley Rapp, 1988

Part 2 – Principles of Case Management.

1 hr. 42 mins.

T-29 Don't Take It Personally, AMI of Wisconsin

A play format that sees humor in the confusion brought into a family's life when mental illness strikes.

43 mins.

B-10 Face of A Stranger, TV Docudrama, 1991

Deals with homeless mentally ill. Stars Gena Rowlands and Tyne Daly.

2 hrs.

U-25 Families Coping with Mental Illness, Mental Illness Education Project Videos, 1995

In this video tape ten people discuss having a relative with schizophrenia or bipolar disorder.

43 mins.

G-12 Family Strategies, California AMI (CAMI), 1991

Chris Amenson, PhD, conducts a family session. Some vital issues are explored in the family's relationship with a loved one who is mentally ill that include risk taking and living at home.

29 mins.

T-9 48 Hours: Insanity Defense

Dan Rather examines judgment, murder or madness.

1 hr.

U-42 Hearts & Minds: Teens & Mental Illness, Idaho Department of Health & Welfare, 2000

27 mins.

U-24 "I Love You Like Crazy" – Being A Parent with Mental Illness, Mental Illness Education Project Videos, 1999

In this video tape eight mothers and fathers who have mental illness discuss the challenges they face as parents.

27 mins.

U-31 Investigative Reports – The Shattered Mind, A&E Television, 1999

Investigative Reports is a program that runs on the A&E Network on cable tv. This video contains a program they did about schizophrenia.

50 mins.

U-15 Involving Families In Mental Health Services: A Video Introduction, Center for Improving Mental Health Systems, 1995

58 mins.

G-13 Losing The Thread: The Experience of Psychosis, Boulder County AMI, Colorado

Award winning writer and actress Rachel Corday conveys by illustration and feeling what the experience of psychosis is like. She says, "I want to help you understand what it is like on the inside of psychosis, so I refer to no labels or technical definitions or medical terms. They only get in the way of seeing the inner life and the possible pain there. But I can help you understand, because if I don't, we both lose – me because I will go on being treated as if I was no one and had nothing to give – and you because you will never get to see that I do."

This video is especially valuable as a teaching tool for care givers, professionals, and educators, and will appeal to all who care about the triumph of the human spirit over the most catastrophic of illnesses.

54 mins.

C-8 Matter of the Mind (Frontline), 1986

Case histories of persons with long term mental illness. They speak of their symptoms, rejection and their helplessness, but, at times their amazing acceptance. Film is better suited to audiences who know something about the sadness of chronic brain disease.

1 hr.

T-11 McNeil/Lehrer News Hour, PBS, 5/12/1993

Health Care Reform topic begins at Counter 580 and is 15 to 20 minutes in length. A panel discusses mental health issues and insurance coverage. NAMI Executive Director Laurie Flynn is a panelist.

Approx. 20 mins.

T-44 Mental Illness & Police Response, 1996

Two ten minute segments explore the problems and problem-solving of informed and well-trained officers dealing with mentally ill persons.

2 – 10 mins. segments

D-5 Mental Illness: Awareness and Hope, 1985

This presentation made by the American Mental Health Fund and Jack Hinckley attempts to expand public awareness of mental illness and the great need for research. It touches well on different types of mental illness and is a good length for community meetings.

16 mins.

T-46 Mental Illness PSA, NAMI
A 60 second and a 30 second segment for TV broadcast.

G-11 Mental Illness: New Directions
Consumers speak up.

21 mins.

G-8 Mental Illness: Unraveling the Myths, 1990

Provocative panel presentation that explores the origins of stigma and mental illness. Stimulating discussion delves into ways to change attitudes through education, and attention is given to legal issues, media, improved services for persons with mental illnesses, and the importance of persons recovering from mental illness speaking out on their own behalf. Begins with a 10 minute documentary and is hosted by Richard Heffner, professor of communication / public policy, Rutgers, who introduces panelists Alexander D. Brooks, law professor; Patricia Deegan, clinical psychologist and consumer; Joanne Verbanic, founder of Schizophrenics Anonymous; Phyllis Vine, author of *Families in Pain*; and Dr. Otto Wahl, professor of psychology.

1 hr.

G-16 Mental Illnesses and the People Who Are Affected By Them

AMI of Rhode Island has produced this educational video for law enforcement officers; a pertinent film considering Montana's deadline on jailing of persons with mental illness. Contact AMI of Rhode Island, PO Box 28411, Providence, RI 02708 for purchase.

50 mins.

U-18 NAMI: A Family Album, NAMI, 1999

Photos of NAMI members.

10 mins.

T-43 NAMI Convention Video, 1995

The media and stigma – how media sees and portrays the mentally ill person in contrast to the real story.

8 mins. or less

- T-40 NAMI Oral History, 1993
21 mins.
- T-42 NAMI Presentation, 1995
Persons with serious mental illness who have accepted treatment and are now living and working in their communities speak out.
7 mins.
- U-12 NAMI Science & Treatment Video, NAMI, 1997
Comes with Workbook & Slides.
10 mins.
- T-34 New Hampshire Journal, PBS, On Consumer Employment, 3/18/1994
A teacher speaks on maintaining successful employment while dealing with a mental illness. Advocates for the mentally ill speak for parity in New Hampshire's health insurance.
12 mins.
- T-30 On The Road To Recovery: Vision For The 1990's, William Anthony, PhD, Produced by California AMI (CAMI), 1993
"Recovery – a concept that has emerged from the consumer / survivor literature – is a vision that can revolutionize how we think about people who experience mental illness."
30 mins.
- F-15 Out Of The Shadows: Into The Light – From Stigma To Unity
AMI of NYC draws minority families into community to provide education and mutual support for one another, and to strengthen their ability to advocate for their needs.
20 mins.
- C-5 Peace Of Mind: CNN's Award-Winning Medical Unit Special, 1988
Persons with mental illness and their families speak of the brain diseases which have caused much suffering, but also of the coping skills they have learned which are bringing them some peace. Lionel Aldridge, former Green Bay Packer and sports caster, Rosilyn Carter, Dr. E. Fuller Torrey and Jack Hinckley present here.
1 hr.
- G-9 People Say I'm Crazy, 1990
Consumers speak for themselves in this video. They address issues of stigmatization, underscore the humanity and individuality of mental health consumers, and instruct on ways to enhance consumers' total health and well being.
57 mins.
- G-9a People Say I'm Crazy, 1990
California's Department of Mental Health Office of Prevention offers a short version of this consumer-produced, very appealing video to allow for presentations and discussion in time-limited meetings.
20 mins.
- C-1 Phil Donahue: Panel on the Homeless Mentally Ill, 1988
Donahue again calls on psychiatrist E. Fuller Torrey's expertise in this discussion. A patient and a sibling family member also give their point of view.
45 mins.
- C-12 A Place to Come Back To, American Lutheran Church, 1987
Gentle, loving tape about mental illness designed to help religious congregations of all faiths learn how to respond to mentally ill individuals and develop programs. Video stresses the importance of outreach.
30 mins.

- D-4 Portrait of A Case Manager, NBC News
Garrett Huntley introduces a case manager who describes her job and shows her interacting with clients. The clients express their feeling as well.
5 mins.
- C-10 The Promise (TV Special)
Mother dies and a bachelor (James Garner) is left with the care of his schizophrenic brother (James Woods). Very good.
1 hr. 45 mins.
- U-4 Quit Smoking: Taking the First Step, 1994
Deals with a draining problem for persons with mental illness.
18 mins.
- T-45 Recognition and Intervention of Serious Mental Illness, 1996
33 mins.
- U-38 Schizophrenia: Stolen Lives, Stolen minds, Discovery Channel, 2000
This program aired on the Discovery Channel Cable TV Network.
52 mins.
- T-16 Shattered Dreams, Univ. of Pittsburgh Center for Instructional Resources. Distribution by AMI of Pennsylvania, 1991
The video tells of the trauma experienced by families of people who are seriously mentally ill as they attempt to care for their relative and deal with the mental health system. A good training film / bibliography and viewing suggestions.
23 mins.
- G-5 Silent No More
Families speak out about mental illness. Produced by AMI of Minnesota.
22 mins.
- T-18 S.S.I. Work Incentives
A presentation by Valerie Castle from the Social Security Office in Helena to the Montana House Day Treatment Program.
39 mins.
- U-49 Suicide: It's More Common Than You Think, 2002
8 mins.
- D-10 Support Group Facilitator Training, 1991
A video demonstrating how to lead an Alliance for the Mentally Ill support group meeting.
20 mins.
- G-15 To Have and To Hold: When Mental Illness Invades a Marriage, AMI of Huntsville, Alabama, 1993
This video gives perspectives on the effects of mental illness on marriage from several sources. Professionals address the special difficulties encountered by couples when one partner suffers from a mental illness. Representatives from the justice system give an overview of the court's role. Spouses share with us their unique experiences and allow us insight into their lives.
30 mins.

B-5 They Have Souls Too (ABC Special)
The homeless mentally ill in Los Angeles, CA. Case studies of patients who have dropped out of the mental health system and the roving mental health professionals who attempt to help them.

1 hr.

U-5 Uncertain Journey, Duke Univ. Medical Center, 1996

Families cope with serious mental illness of their loved ones and fight for their proper treatment.

45 mins.

U-30 Visionaries, PBS Documentary Segment on NAMI, 2000

28 ½ mins.

G-1 We're On Our Way, Boston Univ. Center for Rehabilitation, Research and Training in Mental Health

This presentation, narrated by Burt Lancaster tells how long term mentally ill struggle to put their lives together in the community in spite of loneliness and stigma. It is designed for professional audiences who have a commitment to serve this population and help create a community support network. Again the Project Return Players show their "stigma busting" prowess and add fun to the performance.

30 mins.

G-14 When Mental Illness Invades The Family, AMI of Huntsville, Alabama, 1991

Patricia Scheifler, MSW, skillfully presents fifteen ways for families and professionals to effectively communicate with people with serious mental illness.

59 mins.

D-1 When The Music Stops: The Reality Of Serious Mental Illness, DuPont Co. & NAMI, 1987

A panel of mental health professionals and DuPont employees with mentally ill family members describe the illnesses' impact on the family environment and what the expectations are for such brain disease. Produced jointly by the DuPont Co. and Delaware AMI.

20 mins.

U-28 Jim Lehrer Newshour Segment – Tipper Gore Testimony, PBS, 1999

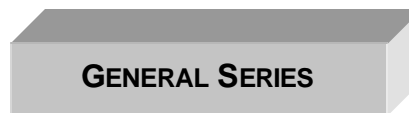
This video tape contains segment from the Jim Lehrer Newshour on PBS regarding the White House Conf. on Mental Illness.

12 mins.

U-27 Women & Mental Illness, NAMI California, 1999

Margot Kidder narrates this video tape which is a documentary by Dan E. Weisburd.

1 hr. 56 mins.



Bill Moyers: Healing and The Mind, 1993

An Intelligent, philosophical look at healing. Moyers interviews physicians, scientists, patients in therapy. Together they help us gain new insights into how the mind and body support the other in healing.

1 hr. each

- Q-1 The Mystery of Chi
- Q-2 The Mind Body Connection
- Q-3 Healing From Within
- Q-4 The Art of Healing
- Q-5 Wounded Healers

Eight Tutorial Seminars On Mental Illnesses: Dr. C.S. Amenson, San Gabriel Valley AMI, 1991 2 hrs. each

- E-1 Schizophrenia: A Brain Disease
- E-2 Cause, Course and Treatment Research
- E-3 Medication and Compliance
- E-4 Treatment Resistant Mood Disorder
- E-5 Psycho-social Rehabilitation
- E-6 Motivation Towards Realistic Goals
- E-7 Helpful Family Roles and Skills
- E-8 Preventing and Managing Crisis

Dr. Amenson is an outstanding lecturer and recognized authority on Surviving and Thriving with a Mentally Ill Relative. The tapes available are the 1990s lectures, and replace the former Amenson Tutorial Seminars done in 1980. The series is an excellent program for use in psychiatric clinics and facilities for educating both providers and consumers of mental health services. (Library patrons must keep in mind an advance in medications and treatment has taken place in the last 12 years.)

First West Regional Clubhouse Model Seminar, Olympia, WA., Oct. 21 – 23, 1990

This series of video tapes; filmed and produced by Helena AMI Consumer Group, discusses the various components of successful clubhouse models.

K-1 Opening Plenary Session: Coming Together; Building an Empowering Clubhouse Community, 1990

Kathleen Rhoads, Capital Clubhouse, Olympia, WA,(Facilitator); Marcus A. Gramps, New Frontier Club, Everett, WA; Howard Powers, New Frontier Club; Sharon Stuart Johnson, DSHS, Dept. of Mental Health; Dr. Llyn DeVanaan, PhD, Evergreen State College; Rudyard N. Propst, Fountain House, New York, New York.

1 hr.

K-2 2nd Plenary Session: The Work Unit: The Heart of the Clubhouse, 1990

Bill Waters, Cowlitz River Club, Longview, WA, (Facilitator); Roger Webb, New Frontier Club, Everett, WA; Margaret Currin, Alliance House, Salt Lake City, Utah.

40 mins.

K-3 3rd Plenary Session: Vocational Success, 1990

John McClure, New Frontier Club, Everett, WA, (Facilitator); Thom Goodfellow, Capital Clubhouse, Olympia, WA; Howard Powers, New Frontier Club, Everett, WA; Pam Lodefink, Division of Mental Health, Salt Lake City, Utah.

35 mins.

K-4 4th Plenary Session: Community Building; Ownership and Community Spirit, 1990

Jay Herzog, Wilson House, Pasco, FL, (Facilitator); Dave McDonald, Pathways, Langley, BC; Jon W. Ihler, Wallingford House, Seattle, WA.

33 mins.

K-5 Final Plenary Session: Open Mike for all Participants, 1990

John Roth, New Frontier Club, Everett, WA, (Facilitator)

52 mins.

John Bradshaw on Creating Love, 1992
In his newest series, produced by KQED, Bradshaw talks about creating healthy loving relationships in every part of life.
1 hr. each

R-1 Mystified Love: Life and Cultural Influence

R-2 Soulfulness: A Natural Life Affirming State

R-3 Parental Love

R-5 Love of God: Connecting With Our Spirituality

R-6 Self Love

R-7 Friendships

R-8 Spousal Love

R-9 Love in the Workplace

R-10 Loving the Earth

N- 1-4 Madness (PBS Series), 1992, 4 Videocassettes (Programs 1 & 2 on first cassette)

Five one hour episodes on the history of mental illness and its treatment. The British producer, Jonathan Miller, a physician and art historian, combines fact and theatre to make his points. Presentation is sophisticated and offers opposing viewpoints, and could be confusing to persons seeking help, but makes one aware of the pioneer nature of treatment and services for the mentally ill.

D-11 Mental Illness In America: A Series of Public Hearings, LeRoy Goldman, George Holter, EdD, Jim Unzicker, 1990-'91

Chicago, Los Angeles and Marshall, Minnesota are cities that speak to problems of mental illness among both urban and rural dwellers, children and youth, the homeless and the missing.

1 hr. each

John Bradshaw on the Family
1 hr. each

H-1 Part 1: The Family in Crisis
An overview of what constitutes family in crisis.

H-2 Part 2: The Healthy Family
How a healthy, functional family operates.

H-3 Part 3: The Unhealthy Family
Characteristics of the dysfunctional family.

H-4 Part 4: The Compulsive Family
Compulsive behavior, the core of all addictions.

H-5 Part 5: The Persecuted
Incest and violence within the family.

H-6 Part 6: The "BAD" Child
Shame and guilt, moral and emotional abuse.

H-7 Part 7: The Most Common Family Illness
Co-dependency, the most common untreated addiction.

H-8 Part 8: Help for the Family
Dealing with resentments, getting to forgiveness.

H-9 Part 9: Health for the Family
Stopping the denial of problems, making interventions within the family.

H-10 Part 10: Hope for the Family
Healing ourselves, healing the world.

P 1-3 Preventing Schizophrenic Relapse: “Dialogues In Depot / Neuroleptic Therapy”

A panel of experts, including physicians, a consumer and the Executive Director of NAMI, participate in this 3-part discussion. Designed primarily for psychiatrists, the programs will be of critical interest to consumers and family members. William M. Glazer, MD, Professor of Psychiatry at Yale Univ. Medical School, will moderate. The programs deal with: 1) increasing medication compliance; 2) coping with relapse; and 3) preventing relapse.
30 mins. each

A-3 Treatment of Depression, Iowa Dept. of Human Services and Mental Health Institute, Cherokee, Iowa, 1986
31 mins.

A 4-8 Understanding and Coping with Mental Illness

Series of 5 tapes; Cherokee Mental Health Institute, Cherokee, Iowa
This series of tapes are older but still good material for discussion with family groups or for individual families who have recently had a diagnosis of mental illness in their family.

A-4 Coping with Depression, 1987
24 mins.

A-5 Coping with Schizophrenia: Strategies, 1987
42 mins.

A-6 Coping with Schizophrenia: Relapse, 1987
21 mins.

A-7 Coping with Schizophrenia: Family Perspective, 1987
37 mins.

A-8 Coping with Schizophrenia: Communication, 1987
19 mins.

C-2 The Mind (PBS Series)
#1 – Thinking
#2 – Violence / The Law

C-3 The Mind (PBS Series)
On Pain

C-4 The Mind (PBS Series)
On Depression



U-50 Access to Medication, NAMI, 2001
9 ½ mins.

D-6 Brain Bank: “Investing In the Future”, McLean Hospital, Belmont, MA, 1987
The need for postmortem brain tissue for the research explosion into mental illness.
20 mins.

U-2 Cutting Edge Medical Report, Information TV Network, 1996
Recent research and treatment successes. Insurance parity will allow persons with serious mental illness to get proper treatment before costs develop beyond the nation’s capacity to handle them.
22 mins.

T-12 Moving Back Into The Light, Eli Lilly & Co., 1993
A description of clinical depression and how it can be treated successfully with medications.
15 mins.

T-41 Physical Causes Of Mental Illness, 1995
 Rex Cowdry, Acting Director of NIMH, shows us how, with the use of high-tech tools, we can study the brain and that which disrupts its functioning. Cost effective research is a wise investment for our nation.
 18 mins.

T-41b Physical Causes Of Mental Illness, 1997
 An update with Steven E. Hyman, MD.
 16 mins.

T-6 Prozac, Eli Lilly & Co., 1993
 Prozac, a widely used medication for certain types of depressive illnesses is described. The treating professional may suggest this film to his patient for educational purposes if he has prescribed Prozac.
 10 mins.

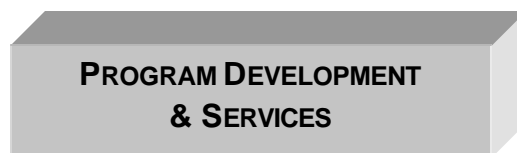
T-15 Schizophrenia Medication, Larry King Live, 1994
 A volunteer patient who has entered into a research project relating to medication at UCLA blames the scientists for unethical procedures.
 24 mins.

U-41 The Cutting Edge Medical Report: Preventing Relapses In Schizophrenia, NARSAD
 20 mins.

U-6 Way To Recovery, 1990
 A patient speaks on need for medications to avoid relapse.
 19 mins.

T-21 What To Expect (Clozaril), Sandoz Pharmacy Corp.
 A breakthrough medication for schizophrenia that offers hope for some sufferers. However, the possibility of serious side effects require that its use be monitored.
 13 mins.

T-21a Living With Clozaril (Clozapine)
 17 ½ mins.



Families & Law Enforcement Series: A Co-Training Effort, NAMI California, 1994 – 1997

- V-1, 2, 3 – Hear Our Stories, Nightmare in the Daytime & Four Incidents
 41 mins.
- V-4 Community Encounters
 58 mins.
- V-5 In Custody
 18 mins.
- V-6 Calling 911
 14 mins.
- V-7 Minority Concerns
 41 mins.
- V-8 Family Response
 19 mins.
- V-9 Training the M.E.T. (Crisis Intervention Team)
 59 mins.

D-9 Dr. Paul Carling on Housing, 1989
 Nationally recognized expert on supportive housing talks about the needs of people with mental illness and the strategies for meeting their needs. Gives a lot of support for the idea of consumer choosing housing that meets personal requirements and for the elimination of “group homes” and hospitals. Very thought provoking for advocates for the mentally ill.
 1 hr 14 mins.

T-7 Hospitals Without Walls, P.A.C.T.
(Program for Assertive Community
Treatment) for persons with serious mental
illness, 1993

A look at a model of the P.A.C.T.
approach in Charleston, SC. The goal is to
introduce P.A.C.T. to clinicians, policy
makers, consumers and their families.

48 mins.

T-8 Housing Difference, New York
Office Of Mental health, 1993

Housing alternatives are observed
and discussed.

20 mins.

B-2 Idaho Citizen Companion Program

Visiting mental patients in their
homes can cut down on the return of such
citizens to the hospitals.

27 mins.

T-52 In-House Police Training In
Springfield, MA, AMI of Western
Massachusetts, 1996

Over 60 mins.

T-24 It Can Happen Here, Center for
Psychiatric Rehabilitation, Boston Univ.,
MA

Panel of consumers speak of their
experiences in a college environment,
training for future employment.

17 mins.

O-1a Intermountain Children's Home,
1993

A segment from "Primetime Live"
with Sam Donaldson. Children, angry and
violent because of past abuse and neglect,
receive another chance in a therapeutic,
loving environment where nurturing
personal contact begins to develop trust.

14 mins.

O-1b The Littlest Victims, Intermountain
Children's Home, 1998

Sam Donaldson's "Primetime Live"
again features the Intermountain Children's
Home as a program whose special treatment
and care of abused and violent children can
turn aside their potential for future criminal
behavior.

P.A.T.H. is Intermountain's program
for connecting their children with a well-
prepared family – hopefully, a permanent
placement. Every child deserves a family!

G-6 Montana Consumers Speak On:
"Consumer Needs", Helena AMI Consumer
Group, August 1990

Filmed at Helena's Montana House
sponsored Clubhouse Jubilee at Camp Child.
Consumers from Havre, Helena and
Kalispell speak on services offered in their
communities and changes they would like to
see made, both locally and state wide.

9 mins.

U-36 Partners In Recovery: Creating
Successful Practitioner-Consumer Alliances,
National Depressive & Manic-Depressive
Association & US Department of Health &
Human Services

This video tape is Closed Captioned.

18 mins.

U-29 Reach One, Teach One, Mental
Illness Education Project Videos, 2000

In this video, people with a
psychiatric condition gather to share their
practical knowledge and experience, and
help each other take steps towards recovery.
They candidly discuss real-life stresses –
finding housing, navigating the mental
health system & returning to work.

25 mins.

T-14 Respite Program, South Carolina AMI, 1992

South Carolina AMI provides respite in the form of a camp experience for mentally ill persons in the state and a time apart from their parents or caretakers. Camp is staffed with mental health professionals and mental health workers in training.

15 mins.

O-2 Shodair Hospital, Maney Telefilm, 1991

Shodair Hospital's Child Psychiatric Services and widely respected Department of Medical Genetics reside in Helena, Montana. The 22 bed hospital offers partial hospitalization and an after school program as well as inpatient care. Expansion of services is expected.

7 ½ mins.

T-17 Skills Of Psychiatric Rehabilitation, Boston Univ.

This video demonstrates the basic principles of psychiatric rehabilitation. In a series of 4 segments, Introduction to Psychiatric Rehabilitation Approach, Exploring a Vocational Goal, Personalizing Skill Strengths and Deficits, and Teaching a Skill, practitioners are shown interviewing and teaching their clients. Each demonstration is preceded by introductory teaching points and followed by a brief summary. A printed user's guide provides suggestions and teaching plans for using the videotape.

50 mins.

T-50 Tenn Care Partners, TN Dept. of Mental Health & Mental Retardation, 1996

Describes their managed care program.

8 ½ mins.

T-32 Ti Ekiye, Finding The Way Home, Native American Advocacy Project, PO Box 527, Winner, SD 57580, 1994

This unique documentary encourages awareness of the plight of Native Americans struggling with serious mental illness. Looking at serious mental illness in both medical and cultural contexts, consumers, family members, traditional elders, and medicine men share their experiences and knowledge with the hope of helping others "find the way home".

1 hr. 8 mins.

T-20 Until There's A Cure...Hope And Progress For Today: Rehabilitation And Services, AMI of Lake County, IL

A restoration of hope, promoting the development of environments and community support services that enable persons with a serious mental illness to lead rewarding lives...Today.

20 mins.

U-17 Violence & Mental Illness: A Community Solution, United Against Crime Network w/ Radio Shack & NAMI, 1997

This video contains free crime prevention tips and materials for law enforcement and community organizations.

1 hr. 50 mins.

SCHIZOPHRENIA

U-46 A Beautiful Mind, Universal & DreamWorks Pictures, 2002

Winner of 4 Academy Awards – Best Picture, Best Director, Best Actress in a supporting role & Best Screenplay based on material previously produced or published. A Beautiful Mind is directed by Academy Award winner Ron Howard & produced by his long-time partner, Academy Award winner Brian Grazer. A Beautiful Mind stars Russell Crowe in an astonishing performance as brilliant mathematician John Nash, on the brink of international acclaim when he becomes entangled in a mysterious conspiracy. Now, only his devoted wife (Academy Award winner Jennifer Connelly) can help him in this powerful story of courage, passion and triumph. Based on the book of the same name by Sylvia Nasar, which can also be found in the library.

2 hrs. 16 mins.

U-34 Amy's Story: How Zyprexa Helped, Eli Lilly, 2000

10 mins.

T-51 Annick, CBS 60 Minutes with Mike Wallace, 1997

A young woman's struggle with schizophrenia and the recovery that enabled her to bloom as a fine artist. Her experience brought about NARSAD ARTWORKS, started and maintained by her parents with \$ 500,000 being donated to research into mental illness.

15 mins. segment

U-1 Challenge Of Hope, 1996 (Revised) Schizophrenia & medications.

10 ½ mins.

U-8 The Bonnie Tapes, 1995
Mental Illness In The Family

26 mins.

My Sister Is Mentally Ill

22 mins.

Recovery Form Mental Illness

27 mins.

Excellent series of tapes from each family member's point of view. Bonnie's explanation of her past and hopeful present in the last tape is extremely helpful to everyone.

F-9 48 Hours: Schizophrenia and The Mentally Ill On The Streets, 1989

Anchored by Dan Rather.

1 hr.

B-1 Good Morning America / Phil Donahue: Jack & Joann Hinckley Interview, 1986

Good Morning America: NAMI President James Howe, Patient Esso Leete & Samuel Keith, Head of Schizophrenic Research for NIMH discuss this particular brain disease from their particular points of view.

10 mins.

Also: Phil Donahue: John Hinckley's assassination attempt on the President and the American Mental Health Fund's determination to make citizens aware of the warning signs of mental illness so such tragedies can be avoided in the future.

45 mins.

U-9 I'm Still Here: The Truth About Schizophrenia, 1996

A film that restores the compassion these remarkable people deserve. Though medications are very promising, we, families and professionals, will have to learn much more about helping persons with mental illness cope – safely.

1 hr. 7 mins.

F-8 JoAnn Verbanic On Schizophrenia and How She Copes

The Mental Health Association of Michigan has taped JoAnn Verbanic's story dealing with her illness, succeeding at a demanding job, and leading a 6 step support group for schizophrenics. An amazing story and very hopeful.

17 mins.

F-12 Lionel Aldridge On Recovery, 1989

The former football star & NBC sports analyst gives an honest & inspiring talk on how he learned to cope with schizophrenia.

44 mins.

F-13 Living On The Edge, 1988

A mother and father relate their experiences in dealing with their son's diagnosis of schizophrenia and subsequent treatment of the disease. They talk about the support and encouragement gained by joining NAMI that helped them cope with the illness.

53 mins.

T-48 Living With Schizophrenia, 1997

A consumer educational program with a slide show presentation that includes this video.

18 mins.

T-36 Negative Symptoms of Schizophrenia, 1995

Nancy Andreason, MD, widely acclaimed researcher and teacher, discusses those symptoms in schizophrenia that can keep sufferers from a quality of life in spite of meds that "work" on the outward symptoms.

2 – 30 mins. Segments

F-10 Sally Raphael: Panel, 1989

Panel on Schizophrenia; Family, Patient & Professional.

1 hr.

F-14 Living With Schizophrenia: A Video Manual For Families, 1990

Psychiatrist Roy Wilson provides down-to-earth, low-key and nontechnical explanations of the onset, course, therapies, and difficulties families face in caring for relatives who have schizophrenia. Ann Sheehan, a parent, shares her experiences in coping with a child with schizophrenia; and Ida Mae Bluett and her daughters share their experiences in living with an ill son and brother, before, and after they received help and support. Ruth Brandon, who suffers from schizophrenia and is now living independently, gives her views on family issues from a patient's perspective.

45 mins.

T-13 Out of Darkness, ABC Television Movie, 1994

Diana Ross enacts the tortured struggle of a young woman with schizophrenia illness who finally finds a medication, Clozapine, that helps bring her disease under control.

With commercials – 2 hrs.

F-4 Roads To Recovery, AMI of Minnesota, 1986

Four client testimonies, three that speak of schizophrenia breaks which eventually have become success stories, and a fourth that speaks of a young self-destructive woman who has begun to retrain herself for employment by attending school.

29 mins.

U-40 Schizophrenia and Depression, NARSAD

20 mins.

F-7 Schizophrenia: The Hidden Illness, 1987

Families and ill members discuss their feelings and experiences as they confront mental illness. Good for sharing meetings.

15 mins.

F-17 Schizophrenia: Surviving In The World Of Normals & A Love Story: Living With Someone With Schizophrenia, Beechwood, OH, Wellness Reproductions, 1991

Dr. Fred Frese, a consumer & psychologist & his wife, Penny Frese speak candidly about schizophrenia. Dr. Frese offers an insider's perspective and practical approaches for solving problems that occur; Mrs. Frese shares her insights & experiences. A heartwarming presentation to educate and promote openness about mental illness. Both presentations on one tape.

58 mins. each

F-6 Suzanne Taunt Interview On Helena TV, 1987

Interview about schizophrenia.

5 mins.

U-32 The Science of Schizophrenia: Milestones to the Millennium, Janssen Pharmaceutical, 1999

47 mins.

F-1 Understanding And Communicating with A Person Who Is Hallucinating, 1989

Mary Moller, MSH, RN, CS, explains how the brain functions, describes what happens during an hallucination and, most importantly, offers proven techniques for helping a person through this frightening experience. Has been applauded by consumers, family members, and professionals as extremely useful in dealing with this brain disease.

1 hr. 3 mins.

This tape is available for purchase through NurSeminars, Inc., PO Box 54616, Omaha, NE 68154-0616

F-16 Understanding Relapse: Managing The Symptoms Of Schizophrenia, 1991

Mary Moller, RN, NurSeminars. See above.

1 hr. 2 mins.