

General Information

- American Psychiatric Association
Diagnostic and Statistical Manual of Mental Disorders (DSM-III-R), American Psychiatric Press, 3rd Edition – Revised, 1987
Standard diagnostic tool.
567 pgs.
- American Psychological Association
Thesaurus of Psychological Index Terms, Fifth Edition, 1988
291 pgs.
- Andreasen, Nancy C., M.D., Ph.D. and Donald W. Black, M.D.
Introductory Textbook of Psychiatry, American Psychiatry Press, 1991
Comprehensive yet readable for professionals, consumers and families. Paper.
565 pgs.
- Armstrong, Moe
Recovery & Rehabilitation, Center for Psychiatric Rehabilitation, 2000
Book of poems and Illustrations by the Moe Armstrong, who is a consumer living in Boston, MA.
86 pgs.
- Bernheim, Kayla, Ph.D.
Patient “Confidentiality” and You, NAMI, April 1990 (2 Copies)
11 pgs.
- Breggin, Peter
Toxic Psychiatry, St. Martin’s Press, NY 1991
Why therapy, empathy and love must replace the drugs, electroshock and biochemical theories of the “new psychiatry.” Controversial material for objective reading.
410 pgs.
- Busick, Bonnie Sigren and Martha Gorman
Ill Not Insane, New Idea Press, 1986
The authors pose questions that must be answered and raise issues that must be resolved. Every member of our society should read this book. – Barbara Hancock, President, Colorado Alliance for the Mentally Ill
311 pgs.
- Estroff, Sue E.
Making it Crazy, University of California Press, 1981
An ethnography of psychiatric clients in an american community.
328 pgs.
- Fitzgerald, Frances
Cities on a Hill, Simon & Schuster, 1981, 1983, 1986
A brilliant exploration of visionary communities remaking the American dream.
414 pgs.

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Gendlin, Eugene T., Ph.D.

Focusing, Bantam Books, 1978

Quote from jacket cover: “Based on research at the University of Chicago, focusing is a new technique of self therapy that teaches you to identify and change the way your personal problems concretely exist in your body... Focusing guides you to the deepest level of awareness within your body. It is on this level, unfamiliar to most people, that unresolved problems actually exist, and only on this level can they change.”

174 pgs.

Gorman, Jack M., M.D.

The New Psychiatry: An Essential Guide for Family Use – State of the Art Therapy, Medication and Emotional Health, St. Martin’s Press, 1996

388 pgs.

Grob, Gerald N.

The Mad Among Us – A History of the Care of America’s Mentally Ill, Harvard University Press, 1994

386 pgs.

Grosch, William N., M.D., M. Div. and David C. Olsen, Ph. D., C.S.W.

When Helping Starts to Hurt, W.W. Norton & Co., 1994

A new look at burnout among psychotherapists

183 pgs.

Herman, Judith, M.D.

Trauma and Recovery, Basic Books, 1997

The aftermath of violence – from domestic abuse to political terror

290 pgs.

Jamison, Kay Redfield

Night Falls Fast – understanding suicide, Alfred A. Knopf, 1999

432 pgs.

Kaplan, Harold I., M.D. and Benjamin J. Sadock, M.D.

Comprehensive Glossary of Psychiatry and Psychology, Williams & Wilkins, 1991

203 pgs.

London, Wayne P., M.D.

Back to Basics, London Research, 1991

A Holistic Guide for Physical and Mental Health

Montana Advocacy Program (MAP)

Rights of Montanans with Mental Illness, 1993 (2 Copies)

Montana Advocacy Program (MAP)

Your Mental Health Rights in Montana, 1989

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National Institute of Mental Health (NIMH)

When Someone Close has AIDS, NIMH, 1989

A booklet for friends, families and others who know a person with AIDS.

15 pgs.

National Institute of Mental Health (NIMH)

Primary Prevention in Mental Health: An Annotated Bibliography, NIMH, 1985

425 pgs

O'Shea, Mary Hepburn

Come Live With Me, Published by the Author, 1974

Quote from introduction: "If anyone is looking for a literary, scholarly book, this is not it! It is intended to be a simple book which expresses complex social issues in terms of feelings in a way, hopefully, anyone can understand. It's a book about people who have been in institutions and returned to the community. It's a book about agencies and how they use the bureaucratic procedures to find reasons they cannot do things. It's a book about community caretakers who live day to day with people who face the problems but can't find their way through 'the system'."

146 pgs.

Psychosocial Rehabilitation Journal, Vol. 13, Number 1, July, 1989

A quarterly published by the Trustees of Boston University and IAPSRs is available in the library. Input comes from researchers, family members and consumers exploring science and social issues and a vision of recovery for the 1990's. It contains stimulating letters to the editor and book reviews as well.

98 pgs.

Psychosocial Rehabilitation Journal, Vol. 17, Number 4, April, 1994

Serving People with Psychiatric Disorders at Risk for HIV / AIDS

180 pgs.

Restak, Richard M., M.D.

The Modular Brain, Touchstone, 1994

See description below.

199 pgs.

Restak, Richard M., M.D.

Receptors, Bantam Books, 1994

These two books present new knowledge about the brain and its functioning. Restak has been cited as "the best communicator to the public about the human brain" by Lawrence Hoffheimer, Executive Director, National Foundation for Brain Research.

228 pgs.

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Russell, L. Mark, J.D. and Arnold E. Grant, J.D.

Planning for the Future: Providing a Meaningful Life for a Child with a Disability after your Death, American Publishing Co., 1993

Updated advice from attorneys who specialize in estate planning. Using this book may be the single most important step taken in planning for a family member with a disability.

417 pgs.

Sharkey, Joe

Bedlam: Greed, Profiteering and Fraud in a Mental Health System Gone Crazy, St. Martin's Press, 1994

294 pgs.

Spaniol, LeRoy, Ph.D. and Martin Koehler, B.A.

The Recovery Workbook: Practical Coping and Empowerment Strategies for people with Psychiatric Disability, Center for Psychiatric Rehabilitation, 1994

119 pgs.

Steele, Barbara, M.S.W., L.C.S.W. and Carolyn Willard, M.S.L.S.

Guidelines for Establishing a Family Resource Library, Association for the Care of Children's Health, 1989, Second Edition (2 Copies)

96 pgs.

Strobel, Shirley H.

Creating a Circle of Caring: The Church and the Mentally Ill, NAMI of North Carolina, 1997 (2 Copies)

Educating congregations about mental illness.

96 pgs.

US Dept. of Health and Human Services

Mental Health and Substance Abuse Services in Medicaid, 1993, SAMHSA, January 2000

US Dept. of Health and Human Services

Mental Health Directory 1995, 1995

Central source of information on mental health organizations throughout the United States.

549 pgs.

US Dept. of Health and Human Services

Mental Health, United States, 1996, 1996

Statistical information that will be of concern in health care reform.

249 pgs.

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Weekes, Claire, Dr.

Hope and Help for Your Nerves, Signet, 1969, Afterword, 1990

An author continually read and rediscovered as a counselor who gets to the basic truths of coping with mental problems.

209 pgs.

Wood, Garth

The Myth of Neurosis: Overcoming the Illness Excuse, Harper & Row, 1983, 1986

Wood presents the differentiation between genuine psychological illness and the neurotic response when life becomes overwhelmingly tough and how he counsels clients.

294 pgs.

Zuckerman, Edward L., Ph.D.

The Clinician's Thesaurus, Three Wishes Press, 1991

A guidebook for wording psychological reports and other evaluations.

174 pgs.