

Registration Form

Program Tuition: \$150

Mental Health Direct Care Certificate

Name

Phone (day) (eve)

Address

City/State/Zip

Method of payment

email address

Date of Birth

**Registration is not complete until
course fees are paid.**

Make checks payable to UM-Helena.
Mail to:
UM-Helena Community Education
1115 N. Roberts St
Helena, MT 59601

Four Easy Ways to Register

#1. By Phone: 406-444-7378

We will accept phone registrations with
Visa, MasterCard or Discover.

Include:

- The full course name
- Your name, address, day & evening phone.
- Your credit card number, expiration date, and CVV code.

#2. By Mail or E-mail:

Fill out the registration form and mail in
with your check, money order, or credit
card information to:

UM-Helena
1115 N. Roberts Street
Helena, MT 59601

#3. In Person:

UM - Helena Donaldson Campus
Monday - Friday
8:00am - 5:00pm

#4. By Fax: 406-444-6892

Fax registration form, with credit card or
business billing information.

Employees & Employers:

We can bill your company directly.
Please call for details.

***UM-Helena Community Education
Providing Life Long Learning for All***



The University of Montana-Helena
COLLEGE OF TECHNOLOGY

Continuing Education



Mental Health Direct Care Certificate

Life Long Learning for All

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Helena, MT 59601
406-444-7378 1-800-241-4882
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www.umhelena.edu

Mental Health Direct Care Certificate

The Mental Health Direct Care Certificate is a unique, intensive, and comprehensive online program of training. It is designed to enhance the provision of care for the mental health consumer by educating case managers, cottage staff, psychiatric technicians, day treatment staff, and other mental health direct care providers.



The certificate requires 25 hours of online education. There are three sections: History and Systems, Developmental Psychology, and Abnormal Psychology. In each section, basic knowledge is presented and related to mental health care. The topics covered in each section are:

History and Systems

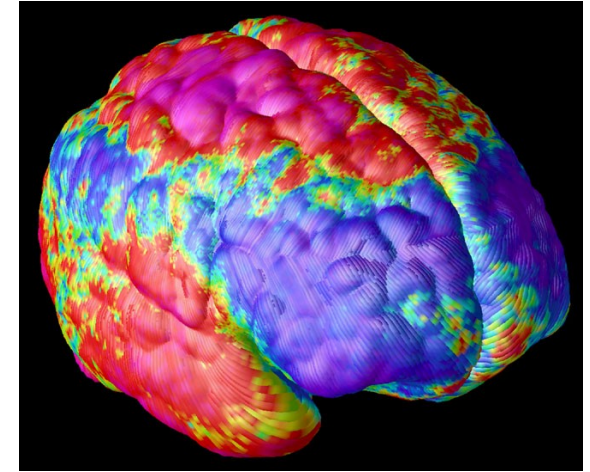
- History of mental health care
- Diagnosing mental illnesses
- History of biological treatments
- History of psychotherapy and psychosocial rehabilitation
- Systems of care in Montana

Developmental Psychology

- Conception to birth
- Birth to age 5
- Age 5 to age 12
- Adolescence
- Adulthood
- Old age and death & dying

Abnormal Psychology

- Biology of neurons and neurotransmitters
- Brain anatomy and physiology
- Common psychotropic medications
- Anxiety disorders
- Disorders usually first diagnosed in infancy, childhood, or adolescence
- Mood disorders
- Psychotic disorders
- Personality disorders
- Substance related disorders
- Dementias



For each topic there is a lecture. After the direct care provider finishes the each lecture, there is a multiple choice test on the covered material. The number of questions on each test range between 10 and 20 questions.

After completing every lesson with an 80% correct answer score, the direct care provider will receive the Certificate in Mental Health Direct Care.

The program is ongoing and there are no scheduled class times, so any direct care worker may sign up for instruction on any date and participate in lectures and tests at any time.

Online instruction requires access to the Internet. High speed connections are desirable but not necessary.

www.umhelen.edu

A horizontal collage of four individual portraits of diverse young adults, likely students, smiling. The portraits are set against a background of warm, muted colors like orange and brown.

The University of Montana - Helena
COLLEGE OF TECHNOLOGY

AN EDUCATED DECISION